Merritt College Online Flex Day Jan 22nd 2021

Welcome to our Online Flex Day, please join the meetings of your interest throughout the day by clicking the provided links.   Remember to keep your **microphone muted** while entering the Zoom meetings or calling from your phone.
We ask our instructors to please record their Zoom workshops when possible, also a Big Thank you to our instructors and presenters for their time and dedication to our College Professional Development.
If you prefer to call in with your phone just dial +1 669 900 6833 (US Toll) and enter the meeting ID number (numbers at the end of the links), please remember to mute your phone as well.

Workshops attendance and feedback link

https://docs.google.com/forms/d/e/1FAIpQLSfMgBIFHqo0kRScPUe_8jDOCQEgq1piTtFr-rPRPIA5RRUOeQ/viewform
Please complete this online form to sign in, give us feedback about the workshops you attended during Flex Day and enter a drawing for a $10 gift card.

Please practice self-care! We have allotted 10 mins breaks after each session.

8:15 – 8:50	*Flex Day intro with Frances Moy-PDC committee and Welcome remarks by President David Johnson, introduction of new community members. Constituencies remarks.* https://cccconfer.zoom.us/rec/share/V61MGDBrMd3SBlItYLoH6X23bEtjUA49QeTRDXAeCSa2d7o-UHJetK7TiYY2hlLP.glOo5NcoHwVGqsIH?startTime=1611332400000
8:50-9:20	*Introduction to Online Student Services – Dr. Lilia Chavez* https://cccconfer.zoom.us/rec/share/DMUxCgzptOFrnZWZBGwwyWf2Zo93R7t52pJkoMnPtBmnU2PYcZTA7EWL3EBadTG2.JoodV-6y_y7FgUOU
9:30 - 11:00	*Level 2 RAVEN training: The Effects of Racial Microaggressions on Belonging and Success for Students of Color (See info about access to the required Level 1 training needed for the RAVEN training in the description below)* https://www.youtube.com/watch?v=Qt4dpYWS8kc&feature=youtu.be
11:10 - 12:00	*Accreditation updates and college wide activity - Accreditation Committee* https://cccconfer.zoom.us/j/92766775722

12:00-1pm Lunch break

1:00 - 1:50	**Using Power BI and other data analysis tools-** *with Nathan Pellegrin* https://cccconfer.zoom.us/rec/share/3QnqQyy1H1C_5YAX9aTW1VObovgvIvAFQ5rAB10PmhJ9hHPR4mdGDIqfkjQ3Ync0.fCGnLN9u4KCK9EuS
1:00 – 1:50	**BoardDocs/AdobeSign/Contract Training.** *Hosted by the Chancellor's Office* https://cccconfer.zoom.us/j/97303629797
1:00 – 1:50	*New Faculty Orientation and Faculty Handbook-Tom Renbarger.* https://cccconfer.zoom.us/rec/share/oVgGqeUZGO1gp0nUpV2_PxeYZ9iDW_0jGouWdYKMQlW1rtb9J_Hr_OFIblcO3Hc7.yjIATIDoTZyBZGKm

2:00 – 2:50	***Enhancing and Tracking Student Engagement in Canvas*** with Adoria Williams DE committee https://cccconfer.zoom.us/rec/share/U3bTu6Qq_N5QVnAkNcILa5-8tU6U0sRZGdTGu8L-O7KVgMX8ZmRFiFFvvl0zXXze.GeVbUGF1npFLIZo8
2:00 – 2:50	***'Vicarious Trauma and Compassion Fatigue: Taking Care of Yourself in the Midst of Pain'*** *Taquelia Washington - EmpowerMe! Services* https://www.merritt.edu/wp/professionaldevelopmentcommittee/wp-content/uploads/sites/334/2021/01/Vicarious-trauma-and-Compassion-fatigue-Workshop.pdf
2:00 - 2:50	***Embedded Tutoring to Enhance Student Success*** *- Isela Santana* https://cccconfer.zoom.us/rec/play/eSF_RrnuUXFKKMmmfoLDiRBxByroWBHZ7ClBsNg5GoaA7oP2DPNspNOPXNVj4QPrxtMJVHs3ZW3kwuh1.Z6iwSw15tZpUGqHO?startTime=1611352862000
3:00 – 3:50	***Division meetings.*** Div. 1 Dean Foster (1.5 hours) https://cccconfer.zoom.us/j/98113267212 Div. 2 Dean Holloway https://cccconfer.zoom.us/j/99046434849 Div. 3 Dean Amboy https://cccconfer.zoom.us/j/3173986931
3:00 – 3:50	***Ergonomics for Working from Home*** *- Emily Kong, Ergonomics Coordinator and Occupational Therapist, Dignity Health* https://cccconfer.zoom.us/rec/share/5ujN9I9lgCla2b43AG5Pwtktr1CTzzQxMs-ZwwhuGGFYxltnd52L_UpvEiCNKEdm.RWRd4nLG3roWS-10
4:00 - 5:00	***Department or committee meetings*** *- To the discretion of the Department chairs or committees, they will set up their own Zoom links to join and invite participants via email* Division 1 will start department meetings at 4:30pm

Workshops details:

Introduction to online student services- Dr. Lilia Chavez

What is new in Student Services? The division has shifted from f2f to online services. All Program Services, Orientation, Mental Health, and Resources supporting students, staff, and faculty are now virtual. We are excited to share our various new features: Website updates with current department information, technical support, extended hours that include A & R, Financial Aid, and the Counseling department, and more.

RAVEN training on The Effects of Racial Microaggressions on Belonging and Success for Students of Color- by CORA Center for Organizations Responsibility and Advancement

(This training requires knowledge of Implicit Bias terminology introduced during level 1 CORA training, watch the recording in the PDC website *or attend replay discussion session during the Thursday Jan.21st District Flex*

Racial microaggressions are commonly understood as racially insensitive snubs, slights, insults, and putdowns that invalidate the experiences and intellectual capabilities of people of color. While some may assume racial microaggressions are harmless, published research on student success confirms the cumulative effect of these behaviors have a deleterious influence on people of color's sense of belonging, welcomeness to engage, self-efficacy, and success in postsecondary education. Thus, the purpose of this workshop is to introduce participants to the concept of microaggressions, discuss how microaggressions manifest in academic contexts, highlight the most common microaggressions experienced by students of color in education, and highlight strategies that have been proven effective in challenging racial microaggressions in education.

New Faculty Orientation and Faculty Handbook-Tom Renbarger.

We will go over the faculty handbook and resources available to faculty this is a workshop for new faculty and anyone else who wishes to join us.

Vicarious Trauma and Compassion Fatigue: Taking Care of Yourself in the Midst of Pain with Taquelia Washington - EmpowerMe! Services

Although not often discussed, vicarious trauma is a common result of being an open empathetic helping professional who is exposed to traumatic material while at work. This topic will be discussed within the context of COVID-19. This training will not only help participants understand the concept of vicarious trauma but will also raise awareness of the signs and symptoms associated with it. We will also make a distinction between vicarious trauma and compassion fatigue. The training will end by discussing the importance of self-care. Self-care will be expanded to include the concepts of ways in which community care and structural care are A combination of lecture, group discussion, and experiential exercises will be used throughout the training.

Embedded Tutoring to Enhance Student Success – Isela Santana -Learning center
Students need academic support more than ever! Peer tutors serve as essential liaisons between students and instructors. This workshop will clarify the role of the embedded tutor and will invite instructors who have worked with embedded tutors to share valuable tips on ways they have utilized embedded tutors to deepen students' understanding of course concepts and increase their success.

***Enhancing and Tracking Student Engagement in Canvas* with Adoria Williams DE committee**
While online learning provides students with more flexibility and new ways to collaborate, research shows that success in the online environment is directly related to how present and engaged both the instructor and the students are. When students are actively engaged, they tend to perform better and process material more critically, which leads to successful retention of the material. This workshop looks at some ways instructors can initiate and track engagement among students in Canvas without compromising course rigor or content.

Using Power BI and other data analysis tools- Nathan Pellegrin
This session will introduce the Power BI data analysis and reporting system, review of Peralta CCD data made available in public and restricted access dashboards and provide a walk-through on how to operate the controls for analyzing data.

BoardDocs/AdobeSign/Contract Training
Learn (from the experts) how to get things processed, get things signed, and get things onto the Board agenda! This training will include the use of BoardDocs, Adobe Sign, and cover the (new) process for contract processing.

Ergonomics for Working from Home - Emily Kong, Ergonomics Coordinator and Occupational Therapist, Dignity Health
Join this workshop to learn tips and tricks to improve your work from home setup. Topics include your equipment setup and your body posture and wellness, and you'll learn few work from home survival skills also.

THESE ARE THE DISTRICT-WIDE WORKSHOPS THAT PEOPLE FROM ALL OF THE COLLEGES CAN ATTEND AS WELL

Here is a link to the shared events for Friday: https://docs.google.com/document/d/1D65d3aAwX-g_64b1sAoPqkxc7SLg5RNUAmj_ui430Do/edit?usp=sharing