

Welcome to Merritt College,

On behalf of the sports medicine, we would like to welcome you and your team to our campus for the upcoming athletic event. This page was created to assist visiting teams prior to and during their stay at Merritt College. Our staff athletic trainer will be available to assist you during your visit.

Please click here for [Campus Map](#)

The following services will be provided to you during your upcoming athletic event and your stay. A Certified Athletic Trainer will be on site for your event in most cases.

Teams traveling with an athletic trainer will have access to our facilities for any treatment needs. The following supplies/items will be provided:

- Injury treatment ice / ice bags / flexiwrap
- First aid supplies
- AED, splints, crutches, etc.
- Water & cups
- Portable treatment table field and courtside

The Athletic Training staff politely asks that you contact us prior to your visit, so that we meet any specific needs that you may have. No modalities will be performed without prior instruction from the visiting athletic trainer. We also ask that you provide your own taping supplies.

The sports medicine clinic will be available up to 2 hours prior to a competitive event. If you need access to the facility prior to these times, please contact the athletic trainer prior to your visit or make arrangements upon your arrival.

Below is a list of important medical resources composed of local hospitals, pharmacies, and medical clinics for your convenience.

Sincerely,

Liana Gerardo, MS, ATC, CES

Athletic Trainer

Work Number: 510-436-2659

Lgerardo@peralta.edu

City Health Urgent Care: (510) 984-2489

- **Services:** medication/prescriptions, orthopedic splinting, stitches, IV's, burns and wound care, eye injuries, X-ray, and lab services
- **Insurances accepted:** Anthem Blue Cross, Blue of California, Brown & Toland Physicians, Cigna, Health Net, Hill Physicians, Medicare, United Health, Aetna, Humana, Tricare, Alameda Alliance

San Leandro Clinic: 13690 E 14th St, San Leandro, CA 94578

- **Hours:** M-F 8am-7pm; Sat-Sun 9am-4pm

Oakland Clinic: 1300 Clay St, Oakland, CA 94612

- **Hours:** M-F 9am-5pm

Highland Hospital:

Emergency Department:

1411 E. 31st St

Oakland, CA 94602

(510) 437-4865

Kaiser Oakland:

Emergency Department:

3600 Broadway

1st Floor

Oakland, CA 94611

(510)752-1000

Urgent Care:

3701 Broadway

4th Floor; department 400

Oakland, CA 94611

(510) 752-1190