

## OVERVIEW OF COLLEGE HEALTH CARE SERVICES

- ✚ Nurse Practitioner Services
- ✚ Medical Supplies
  - Motrin, aspirin, extra strength Tylenol, antacids, condoms, feminine products, Band-Aids, face masks, cough drops, first aid, burns, cuts, abrasions, falls
- ✚ HIV Testing
- ✚ TB Testing
- ✚ Pap Smears
- ✚ Flu Shots (Seasonal)
- ✚ Crisis Intervention
- ✚ Counseling: One-on-One
- ✚ Family Planning, Health Education, Insurance Eligibility Screening
- ✚ Mental Health Counseling
- ✚ Pregnancy Testing, Birth Control
- ✚ Resource and Referral Services
- ✚ Immunizations are NOT covered, except for Flu shot when available.

Labs Covered: STI testing, HIV testing, TB tests; Other lab tests are not covered. Students are responsible for paying lab tests or other diagnostic testing which may be ordered (i.e. X-Rays) and performed by an outside agency. These tests and procedures are not covered by your health fee but may or may not be covered by your own personal health insurance or you may be required to pay out of pocket.

### **MENTAL HEALTH COUNSELING**

Mental Health services are available to all students at all campuses. All students can access services at any site. You can meet with a therapist to discuss issues including, but not limited to: • Difficult feelings (sadness, stress, anger, depression) • Grief and loss • Post-crisis follow-up/crisis consultation • Worrying or feeling anxious constantly • Frequent loss of temper • Relationship issues • Trouble eating, sleeping or concentrating • Dealing with unpleasant memories • Worries about drug/alcohol use.