



Merritt College Remote Flex Day March 30th 2020

Welcome to our Remote Flex Day, please join the meetings of your interest throughout the day by clicking the provided links. Remember to keep your microphone muted while entering the Zoom meetings or calling from your phone. We ask our instructors to please record their Zoom workshops so people can watch them afterwards, also a Big Thank you to our instructors for their time and dedication to our College Professional Development. If you prefer to call in with your phone due to limitations with your internet connection just dial +1 669 900 6833 and enter the meeting ID number (numbers at the end of the links), please remember to mute your phone as well.

Also, participants please answer this online form to sign in and provide feedback after each workshop:
<https://docs.google.com/forms/d/e/1FAIpQLSc8QjcRBIQVo-Q2DqwPY4iGWnkpvtB4qfnBZITJ-52AFsWfwg/viewform>

9:00 - 9:30	Remarks by Acting President Johnson https://cccconfer.zoom.us/j/811067540
9:30 - 10:00	Accreditation updates - Accreditation Committee Same Zoom link as above
10:00 - 11:00	OK, They're Online...Are They Learning? -- Assessment with Canvas, Zoom, and Beyond - Laura Forlin and SLOAC team https://zoom.us/j/813537646
10:00 - 11:00	Fitness and Wellness at home - Brock Drazen https://cccconfer.zoom.us/j/723232504
11:00 - 12:00	Exploring Zoom: Connecting with your Students in a Virtual Environment - Monica Ambalal https://cccconfer.zoom.us/j/669183389
12:00 - 1:00	Conversation about online instruction standards - Acting VPI Richardson https://cccconfer.zoom.us/j/829305083

1:00 - 3:00	Part III. Trauma informed Systems: Vicarious Trauma, Toxic Stress & Self-Care Brooke Briggance- FACES for the Future Coalition and Alameda County Behavioral Health See the long link in the description in page 2, this meeting also has a password.
2:00 - 3:00	Keeping a level head during the pandemic wellness recommendations - Maria Spencer https://zoom.us/j/308280198
2:00 - 3:00	Online active learning strategies - John Rodriguez https://cccconfer.zoom.us/j/351612859
3:00 - 4:00	Open Encumbrances and Preparation for FY Close - Nicholas Shere https://cccconfer.zoom.us/j/405847862
3:00 - 4:00	“Working Remotely” A Conversation for Classified Professionals - Denise Woodward https://cccconfer.zoom.us/j/4979663470
Any time in the afternoon	Accreditation work or Department meetings - To the discretion of standard leads or Department chairs, they will set up their own Zoom links to join and invite participants via email

Workshops details:

OK, They're Online...Are They Learning? -- Assessment with Canvas, Zoom, and Beyond 10am

- Laura Forlin and SLOAC team

Join us to brainstorm ways in which faculty can use canvas (or another online tool) to complete assessments doing remote teaching. We can also assist departments and programs with their PLO/ILO/SLO assessments.

Part III Trauma informed Systems- Vicarious Trauma, Toxic Stress & Self-Care 1pm

Brooke Briggance- FACES for the Future Coalition and Alameda County Behavioral Health

In this workshop you will learn about the impact toxic stress has on the body, examine the public health impact of that collective stress and articulate real-life measures to manage stress and make decisions about how to provide protected space and protected relationships that allow your brain to rest. Specially recommended for our current Public Health situation. Join with this safe link:

<https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fzoom.us%2Fj%2F953871412%3Fpwd%3D%2F3AvUWdCYVnpUHVnemJGU1M4eXhMUTo9&data=02%7C01%7Cmsrodriguez%40peralta.edu%7C68ab2f5ec852400a7e2408d7d0e66038%7Ceea16a1648af477b911305b1c01123ff%7C0%7C0%7C637207560198103438&sdata=X9QE37K%2Bqs909vF%2Bdvd75fWLQrOL4xoTaW5%2Fq7kK6I%3D&reserved=0>

Meeting ID: 953 871 412

Password: 041722