

# Acupuncture

Coordinated by Director of the **Peralta Health Services: Indra Thadani RN, MS**  
**(and supported by the student health fee)**

**Merritt College**

**Tuesdays 9AM-1PM**

**August 22, 29 & September 5, 12, 19, 26 & October 3, 10, 17, 24, 31**

**November 7,14,21,28 & December 5, 12**

**Helpful for the following:**

General stress & high BP

- Lower back, hip & knee pain
  - Weight loss assistance
  - Smoking cessation
- Arm, shoulder & neck pain
- Headaches, migraines, TMJ
- Poor memory & concentration
- Anger, irritability & depression



**Schedule Online @ <http://ccacu.net/>**

Questions or concerns please call Marta Viola 510-280-4801