

Merritt College

Nutrition and Dietetics

Overview

College	Merritt - Division III
Originator	Heather Casale
Award Type	AS-T Degree

Codes and Dates

Curriculum Committee Approval Date	10/28/2021
Board of Trustees Date	2/22/2022
Current Effective Date	8/01/2022
Program Control Number	35211
Top Code	1306.00* - Nutrition, Foods, and Culinary Arts

Description

The Associate Degree for Transfer (ADT) program allows students to fulfill lower division major requirements at a community college and guarantees transfer with junior status to the California State University (CSU) system. Students who complete an ADT and transfer to a similar major at a CSU are guaranteed a pathway to finish their baccalaureate degrees in 60 semester units.

The Nutrition and Dietetics Associate in Sciences for Transfer (AS-T) degree prepares students to function in a variety of nutrition, public health and clinical settings and is for students who seek to transfer to a CSU institution or to prepare for a career in nutrition and dietetics by meeting the requirements to work in a variety of health and wellness settings.

This AS-T degree program requires students to meet the following requirements:

1. Completion of 60 semester units that are eligible for transfer to the CSU system, including the following:
 - a. The Intersegmental GE Transfer Curriculum (IGETC) or the California State University GE-Breadth Requirements (CSU GE-Breadth).
 - b. A minimum of 18 semester units in a major or area of emphasis, as determined by the community college district.
 - c. A minimum of 12 semester units earned at Merritt College.
2. Obtainment of a minimum grade point average of 2.0.
3. Obtainment of a minimum grade of "C" (or "P") for each course in the major.

See the Transfer Information section of this catalog for more information on AS-T overall requirements and CSU GE-Breadth or IGETC.

Note: students should see a counselor at least once each semester to plan for their educational goal(s).

Career Opportunities

Those completing the Associate in Science in Nutrition and Dietetics for Transfer degree (AS-T Nutrition and Dietetics) will be able to transfer to CSU campuses to pursue a baccalaureate in Nutrition. In addition, students may choose to pursue advanced study in a variety of graduate programs after receiving their baccalaureate degree. With a baccalaureate degree in Nutrition and Dietetics or similar baccalaureate degree, students are eligible to apply for a dietetic internship through the Academy of Nutrition and Dietetics to become a Registered Dietitian.

Program Learning Outcomes

Upon successful completion of this program, students will be able to:

1. Communicate with clients and colleagues in a professional and culturally sensitive manner.
2. Provide and maintain the highest level of personal ethical behavior.
3. Utilize up-to-date, evidence-based practices in the field of nutrition and dietetics
4. Communicate effectively orally, and in writing, in a health care or community nutrition environment, whether working with children, families or seniors.
5. Advocate within the community for continued support of health and nutrition.

Degree Requirements:

Required Core Courses:	Credit Hours: (60 Required)
BIOL 003 Microbiology	5
CHEM 001A General Chemistry	5
NUTR 010 Nutrition	4
PSYCH 001A Introduction to General Psychology	3
List A: Select two from the following:	Credit Hours: (0 Required)
BIOL 002 or Human Anatomy	5
BIOL 004 and Human Physiology *	5
CHEM 012A Organic Chemistry **	5
MATH 013 Introduction to Statistics	4
List B: Select one	Credit Hours: (0 Required)
NUTR 031 Food-Production Systems	3
Total Units for the Major	Credit Hours: (0 Required)
29 - 30	
Total Units that may be double-counted	Credit Hours: (0 Required)
10 - 16	
General Education (CSU-GE or IGETC) Units	Credit Hours: (0 Required)
37 - 39	
Elective (CSU Transferable) Units	Credit Hours: (0 Required)
3 - 8	
	Total: 60

** : CHEM 012A requires CHEM 001A and CHEM 001B as prerequisites